



Participant Requirements

- Participants must be able to ambulate. The use of a cane, walker, or wheelchair is fine.
- Participants must be able to eat independently.
- Participants must be able to toilet independently. Absorbent briefs (such as Depends) are fine.
- Participants must be able to function cooperatively in a group.
- Participants must not be living in an assisted living/memory care community at the time of enrollment.